



The Woofers

November 2019



It's the truth: fun happens at Mott during Halloween --no lion

Seeing pets in costumes is always fun during this time of year as teams make their way to various locations. Gideon gets into the "Howl-o-ween" spirit dressed as a lion for his visit to Mott Children's Hospital. The staff and patients welcomed the chance to pet his distinctive "mane."

Renewals due for January teams

Teams whose membership expires on Dec. 31 should begin the renewal process now with ATD and Therapaws.

Do not delay in scheduling your dog's appointment with the veterinarian.

Take the ATD online annual test (or submit the test by mail), send the renewal money and necessary paperwork.

For those of you who have never signed into your member portal, your username will be your email address that was given on your new member application and your password is your member number with a lower case "p" in front of it. Example-p51234. You will be given an option to change your password. You can change it, save it, and then go back to your account.

Your member review can be taken online and will not need to be mailed in. If you prefer a hard copy of it, those will be mailed out November 8 along with the Renewal Health Verification Form.

It's also important to follow up with ATD if you have not received the updated membership card by Dec. 10.

Contact ATD at office@therapydogs.com if you have any questions or call them at 877-843-7364.

Once the renewed ATD card is received by mail or email, email a copy to Therapaws. Send to wilsondg@hughes.net

* Renewals sent to Therapaws after Dec. 31 will be assessed a \$25 late fee.



Holiday Party

SUNDAY, DECEMBER 8
2 P.M. -- 4 P.M.

WEBER'S RESTAURANT
3050 JACKSON ROAD
ANN ARBOR

The Therapaws Board of Directors will hold its next meeting Thursday, November 14. If there is something you would like the board members to address, please send an email to info@therapaws.org





Therapaws of Michigan, Inc.

Sharing the Human-Animal Bond through Canine-assisted Therapy

Therapaws of Michigan, Inc. P.O. Box 92 Dexter, MI 48130

www.therapaws.org

Photo Authorization Form

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Therapaws member and dog _____

Event _____

Date _____

Participant/guardian's printed name and signature

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(Wet) Dogs in the Diag



The weather didn't cooperate during October's Dogs in the Diag at the University of Michigan. Rain fell during a chilly October day, but teams still managed to see many students who welcomed the dogs.

Welcome new members

Janet Black & Jasmine
 Jillian Estrada & Shishka
 Ashley Recker & Olive
 Catherine Toth & Hazel Rose

Returning member, new dog:
 Donald Levitt & Tot-Man

Follow us
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 the latest
 news.



EMU, U-M students comforted at monthly “Wellness Woof”



Every month, Eastern Michigan University and University of Michigan hold “Wellness Woof,” which allows students to interact with therapy dogs.

Multiple college visits slated throughout December

December is one of the busiest months for Therapaws with nearly a dozen visiting opportunities at the University of Michigan and Eastern Michigan University. Teams will get an email with the sign-ups.

U-M Dance/Music - Mon. 12/2/19 12p - 1p

U-M Theatre - Tues. 12/3/19 12p - 1p

U-M Law School - Mon.

12/9/19 3p - 5p

WCC Library - Mon. 12/9/19

12p-2p

U-M North Quad Residential/Academic Complex -

Tue. 12/10/19 12p - 2p

U-M Taubman College of Architecture - Tues. 12/10/19

6p - 730p

U-M Dental & Pharmacy School - (at Dental) Wed.

12/11/19 12p - 2p

EMU Wellness Woof - Wed. 12/11/19 4p - 6p

U-M Ross School of Business - Thurs. 12/12/19 12p - 2p

U-M Shapiro Library - Fri. 12/13/19 6p - 8p & Tue. 12/17/19 6p - 8p

U-M Ford School of Public Policy - Mon. 12/16/19 1p - 2p

EMU Wellness Woof - Wed. 12/11/19 4p - 6p

Dog ownership can lead to longer life, better cardiovascular outcomes

Dog ownership may be associated with longer life and better cardiovascular outcomes, especially for heart attack and stroke survivors who live alone, according to a new study published in *Circulation: Cardiovascular Quality and Outcomes*, a journal of the American Heart Association.

Given previous research demonstrating how social isolation and lack of physical activity can negatively impact patients, researchers sought to determine how dog ownership affected health outcomes. Prior studies have shown

that dog ownership alleviates social isolation, improves physical activity and even lowers blood pressure—leading researchers to believe dog owners could potentially have better cardiovascular outcomes compared to non-owners. Researchers in this study compared the health outcomes of dog owners and non-owners after a heart attack or stroke using health data provided by the Swedish National Patient Register. Patients studied were Swedish residents ages 40-85 who experienced heart attack or ischemic stroke from

2001-2012.

Compared to people who did not own a dog, researchers found that for dog owners:

--- The risk of death for heart attack patients living alone after hospitalization was 33% lower, and 15% lower for those living with a partner or child.

--- The risk of death for stroke patients living alone after hospitalization was 27% lower and 12% lower for those living with a partner or child.



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